

MNS Active Newsletter - Term 1

Active school Committee:

Our committee are working hard to ensure Moneenroe NS remains active. The Committee members are as follows:

1st Class: Rian Douglas Brennan & Mila Kinsella

2nd Class: Scarlet Braban, Donnacha Lynch & Isabella Brady Hillard

3rd Class: Jack O' Keeffe, Emmie O'Shea & Elijah O'Shea

4th Class: Bláithin Maguire & Ryan Booth

5th Class: Zara Roche & Niall Phelan

6th Class: Heidi Buggy, Patrick Royce Brennan & Oisin Dunne

Active Schools Slogan:

Our Active Committee have chosen 'Get up, Get moving, feel alive, start grooving' as our active slogan for 2023/24.

Active Schools Noticeboard:

Our Active schools committee will continue to update our noticeboard to highlight our active school journey.

Gaelic Football:

Training began back for our boys and Girls on the 6th of September. Our Boys narrowly missed out on a semi-final spot. They recorded great victories over Goresbridge/Paulstown, Urlingford NS and Castlecomer Boys School.

Moneenroe NS claim Glory on County Final Day

Our Girls football team were crowned County Champions on the 11th of November defeating St Beacons NS, Mullinavat.



Gaelic Football Blitz:

 $3^{rd} - 6^{th}$ class took part in a Gaelic Football Blitz on Tuesday the 24^{th} of October. Over 50 children took part and showcased their skills. Well Done to Dublin who came out Victorious.

Fit 4 classes: 3rd and 4th class completed the fit4class athletics programme.

It's a lust 4 life: 3rd and 4th class pupils completed it's a lust 4 life programme which focused on both physical and mental well-being.

Swimming:

3rd – 6th class enjoyed 9 swimming lessons in Graiguecullen swimming centre.

Badminton:

3rd – 6th class received the opportunity to avail of Badminton coaching for 6 weeks. Thanks to our teachers Mr. Maher and Ms. Walsh for coaching our pupils.

Indoor Hurling:

Indoor hurling commenced on the 8^{th} of November. Children from $3^{rd} - 6^{th}$ class practiced their skills and put those skills to use in fierce battles. Well done to Limerick who came out Victorious. (Pic Below)



Hurling sessions:

Nathan Culleton came every Wednesday to promote hurling for all pupils in our school in Term 1. Nathan will be with us all year.

Cricket:

Bernard O Mara from cricket Leinster introduced cricket to our school pupils in $1^{st} - 6^{th}$ class. This was a first for our school and the children enjoyed every minute of it. We hope this can be a tradition for our school going forward.

Handball: Well done to Darragh Roche who represented our school in the Kilkenny development handball tournament.

Nutrition & Exercise workshop: Thanks to Kiara Donegan who provided an insightful workshop in nutrition and exercise to pupils in $2^{nd} - 6^{th}$ class.

Active yard: Great to see our students enjoying Basketball, handball, soccer & Gaelic football during yard time.

Pupil Leadership: Senior active committee members will continue to be playground leaders and provide active games and exercises in the junior yard in Term 2.

12 days of Fitmas:

Moneenroe NS took on the 12 days of Fitmas challenge as part of our active schools journey. Children in all classrooms took on a challenge each day. Our pupils are enjoying their active Journey.

Santa Stroll:

Santa Stroll again was a big hit with pupils and staff as we got into that festive spirit while walking/running around Railyard GAA Club clocking up our steps while listening to Christmas music. Well done to our active school committee for buddying up with junior pupils and walking/jogging alongside them.

Sporting achievements noticeboard: Well done to our students who represented our school and were successful in their sports throughout term 1.

What has term 2 got to offer?

- Morning hurling coaching & Circuit trainings
- Hurling with Nathan
- Extra-curricular hurling coaching continues
- Cumann na mbunscoil hurling league commences
- Camogie Training and matches commence for senior classes
- Extra-Curricular Soccer sessions
- FAI 5-a-side Soccer competition
- Rugby with Leinster coach Noel Devlin
- PE Challenges for all classes
- Cycling programme for Junior Infants
- Athletics for senior classes
- Table Tennis
- Running around Europe Challenge begins for whole school
- Active Easter day of sports